



# BABY STEPS

## A PROGRAM TO HELP ALONG THE WAY

Congratulations on your baby's arrival. The Baby Steps program is designed to ease your transition home and assist you and your baby in getting connected to supports and services within your community. Your baby has had a complicated start, through the Baby Steps program, you will be connected with a trained Developmental Interventionist who is available to meet with you in the hospital and when you are home. They will walk along side you on your journey to get to know and care for your baby. **As you build your relationship with your baby, you are laying the important building blocks of your baby's healthy development.**

The Baby Steps program is part of a range of supports and services available through Nova Scotia Early Childhood Development Intervention Services (NSECDIS). Our program is funded through the Department of Education & Early Childhood Development and is a free service.

### Support in building positive connections between you and your baby

#### Child Development Support:

monitoring of developmental milestones and sharing prevention strategies to support your child's growth and development.

#### Home Visits:

support for you & your baby within your home (weekly or less as needed).

#### Connections to supports and services:

for you and your baby within your community.

#### Flexible Options:

we follow your lead and will customize our supports and services to meet the individual needs of you and your baby

For more information about the Baby Steps program please contact:

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Visit our website at  
[nsecdis.ca/baby-steps/](https://nsecdis.ca/baby-steps/)