



NSECDIS

2021-2022

ANNUAL REPORT

Message from Our Board Chair & Executive Director

Beverley Cooke, Board Chair & Patricia Monaghan, Executive Director

2021-2022 has been a year of growth and program integration for NSECDIS. The most significant event this year, was the expansion of our services in July 2021 to include the Pyramid Model program, a framework of evidenced based practices for promoting all young children's healthy social and emotional development. With the integration of the Pyramid Model program into NSECDIS, we welcomed 26 Inclusion Coaches, 5 Coach Team Leads, a Learning & Development Specialist and a Data Management Specialist into our NSECDIS family. This marked a 30% growth for NSECDIS! The Pyramid Model team have been a wonderful addition to our NSECDIS family, and it has been exciting to see the partnerships and the cross sharing of information, resources and expertise amongst our growing team, thus expanding our capacity to collaborate and support children, families and early learning and child care providers in Nova Scotia.

In 2021-22, our team continued to navigate the COVID 19 pandemic as they provided services and supports to families. We appreciate the dedication and resilience of our NSECDIS team as they provided in-person visits and community consultations while taking precautions to protect the safety of the children and families they served, along with protecting the safety of themselves and the rest of our team. This all required quite a bit of extra effort and steps for them along the way.

Our locations were also on the move this year, with new locations opening up around the province and offices moving in order to expand to accommodate our growing team. These moves kept our team busy locally and at Central Office as logistical arrangements were made.

This year also included some enhancements to our French Language Services within NSECDIS. Our administrative structure has been reinforced with the addition of Caseload Manager and Coach Team Lead roles and the further integration of Acadian Francophone services and staff have been strengthened within the Tri-County, Halifax, and Strait regions. A new service location and team member was also added within the Cheticamp area.

We would like to thank all of our NSECDIS team for their continued dedication to supporting children, families and early learning and child care providers. We would also like to thank our Board of Directors for their time and commitment during this busy year of change and the Department of Education and Early Childhood Development for their ongoing support. Most of all, we would like to thank all of the families involved in NSECDIS for the honour of being invited into their homes each day as we work together to support young children and their families in Nova Scotia.



MADE IN CHINA
100% POLYESTER
WASHABLE
DRESSING
100% POLYESTER
MADE IN CHINA



NSECDis

2021-22

2021-22

A YEAR IN REVIEW

A look back on the past year



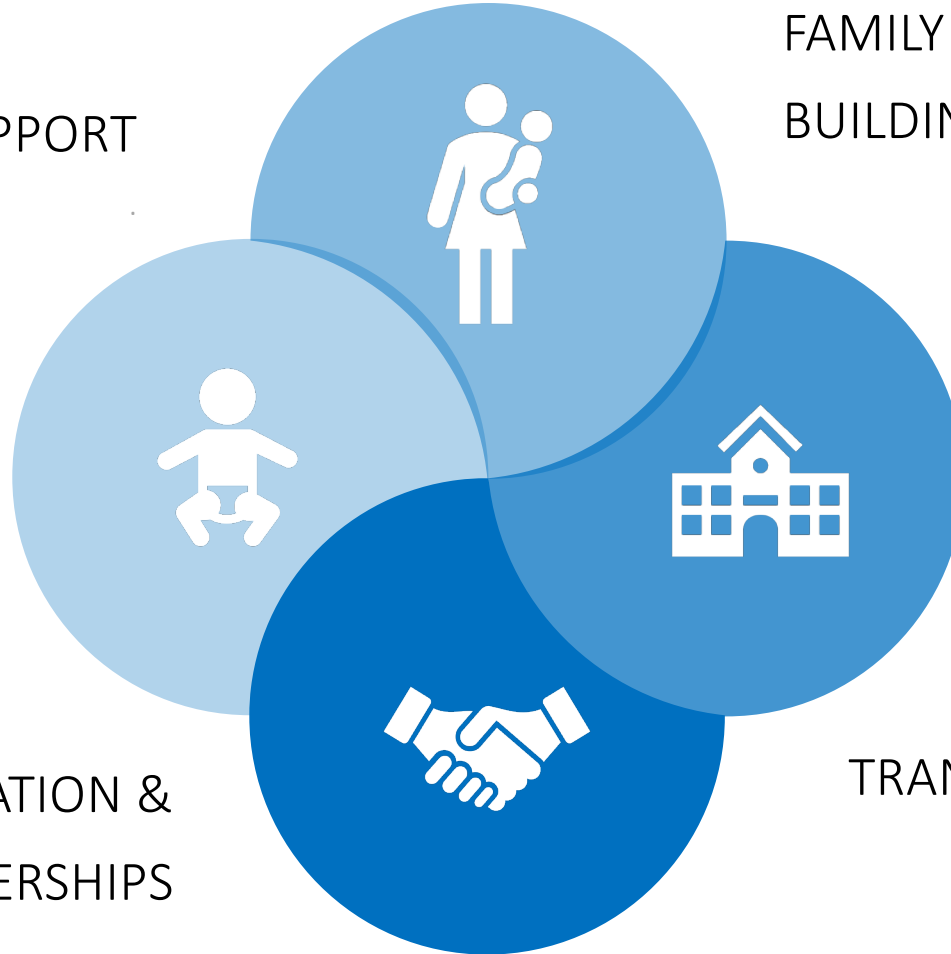


OUR MISSION

Working together to support families of young children with developmental delays in Nova Scotia

Our Core Intervention Services

CHILD DEVELOPMENT SUPPORT



FAMILY SUPPORT & CAPACITY
BUILDING

CASE COORDINATION &
PARTNERSHIPS

TRANSITION SUPPORT

COVID 19

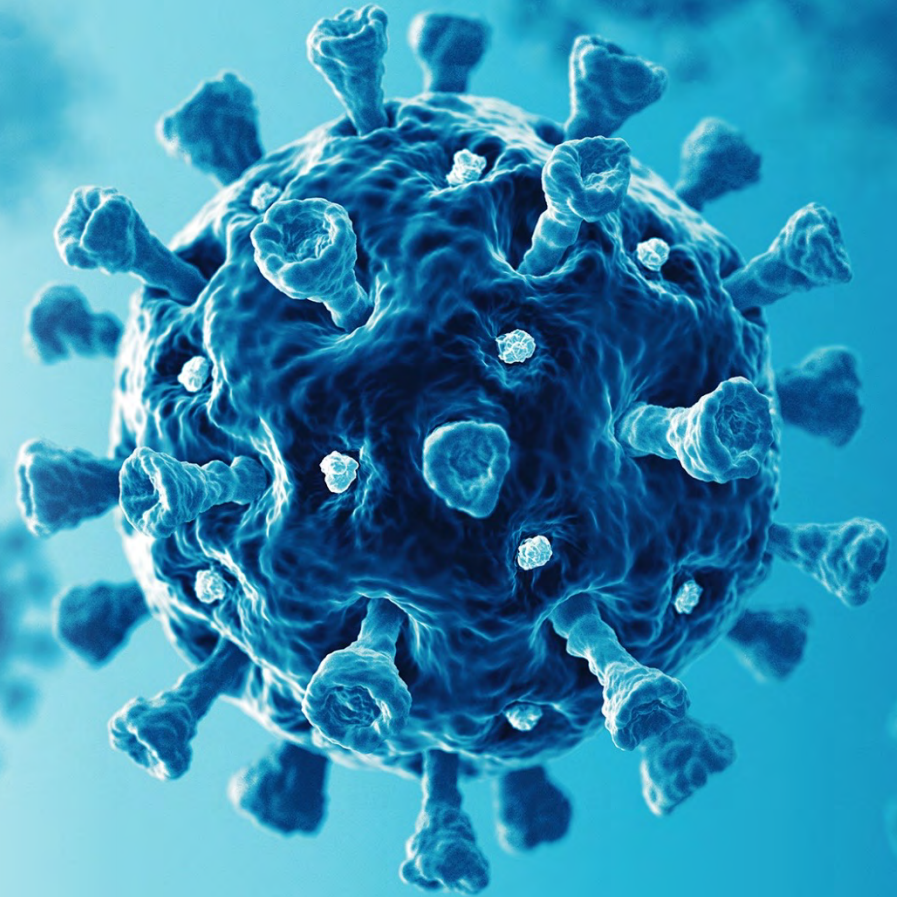
Throughout the 2021-22 year, our NSECDIS team continued to provide services and supports to families and early childhood educators out in the community.

IMPACT OF COVID 19

Our NSECDIS Team experienced:

41.9 Sick Days due to COVID 19

31.75 Days of Self-Isolation due to potential exposure to COVID 19





In 2021- 22 the Pyramid Model
Program was fully integrated
into NSECDIS

PYRAMID MODEL

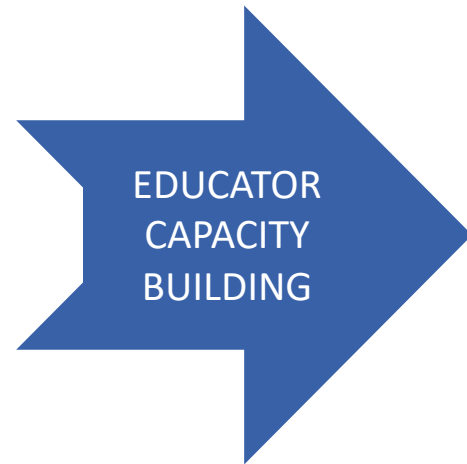
A framework of evidence-based practices for promoting all young children's healthy social and emotional development.



Our Core Pyramid Services



Building capacity of child care and Pre-Primary program leadership teams to implement Pyramid Model principles within their programs



Collaboratively building capacity of educators to implement Pyramid Model practices through practice-based coaching



Monitoring and sharing of resources and strategies to support inclusive practices and positive behaviour support planning



Building social emotional competence in ALL infants and young children through supporting the implementation of effective evidence-based practices



In 2021-22 we developed a strategy to further integrate and enhance our French Language Services across Nova Scotia

Where are we located?

A look at NSECIDS office locations combined with Pyramid Model offices and
Acadian Francophone Services







A look at our services in
action this year

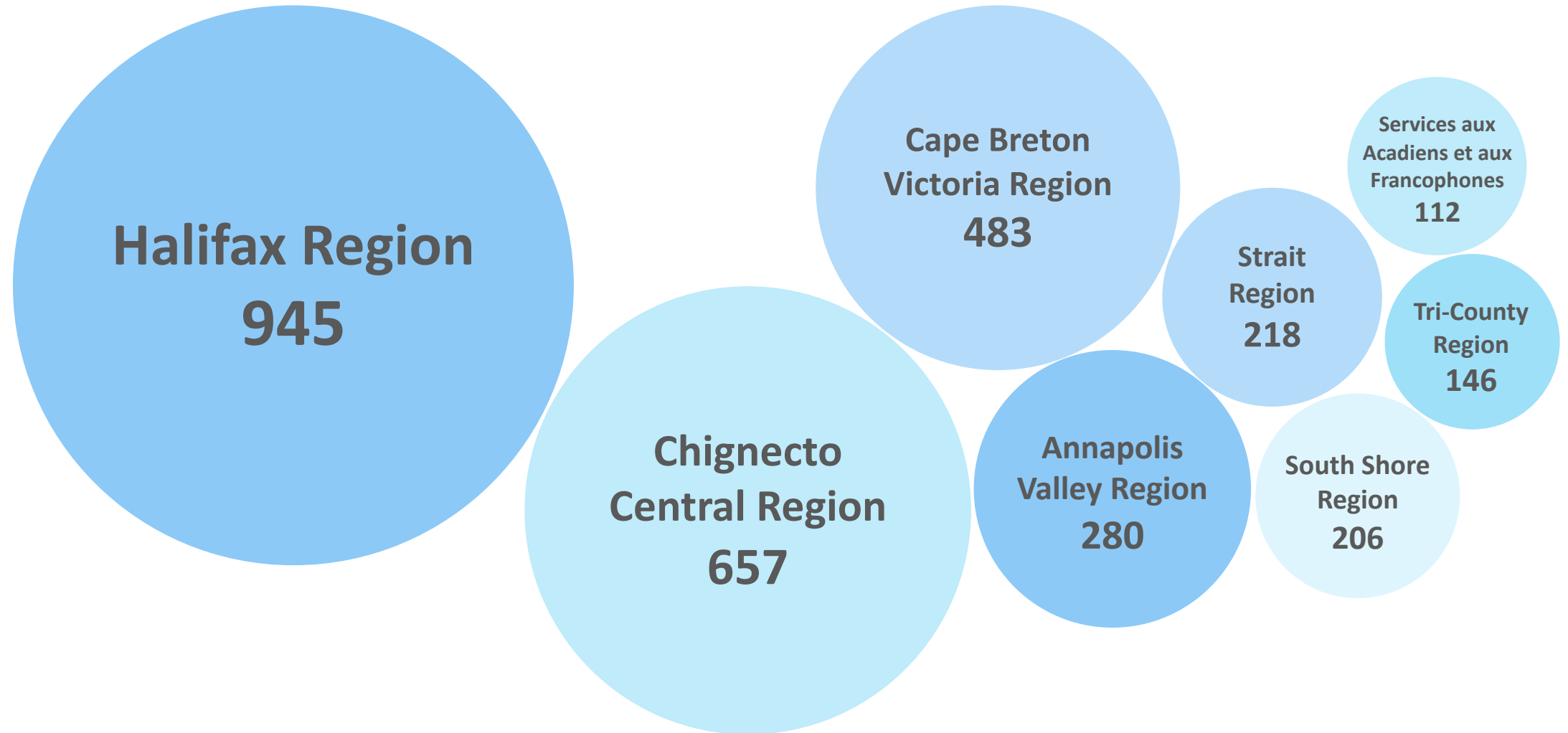


A young child with blonde hair is looking intently at a pregnant woman's belly. The child's hands are near the belly, and the woman's hands are also visible, resting on the belly. The scene is intimate and focused on the connection between the child and the pregnancy.

3047

Children and their families were served in 2021-22

Total Children Served by Region in 2021-22





1131

Children and their families were **referred** to NSECDIS in 2021-22

488

Children and their families were transitioned into **Pre-Primary** in the fall of 2021

554

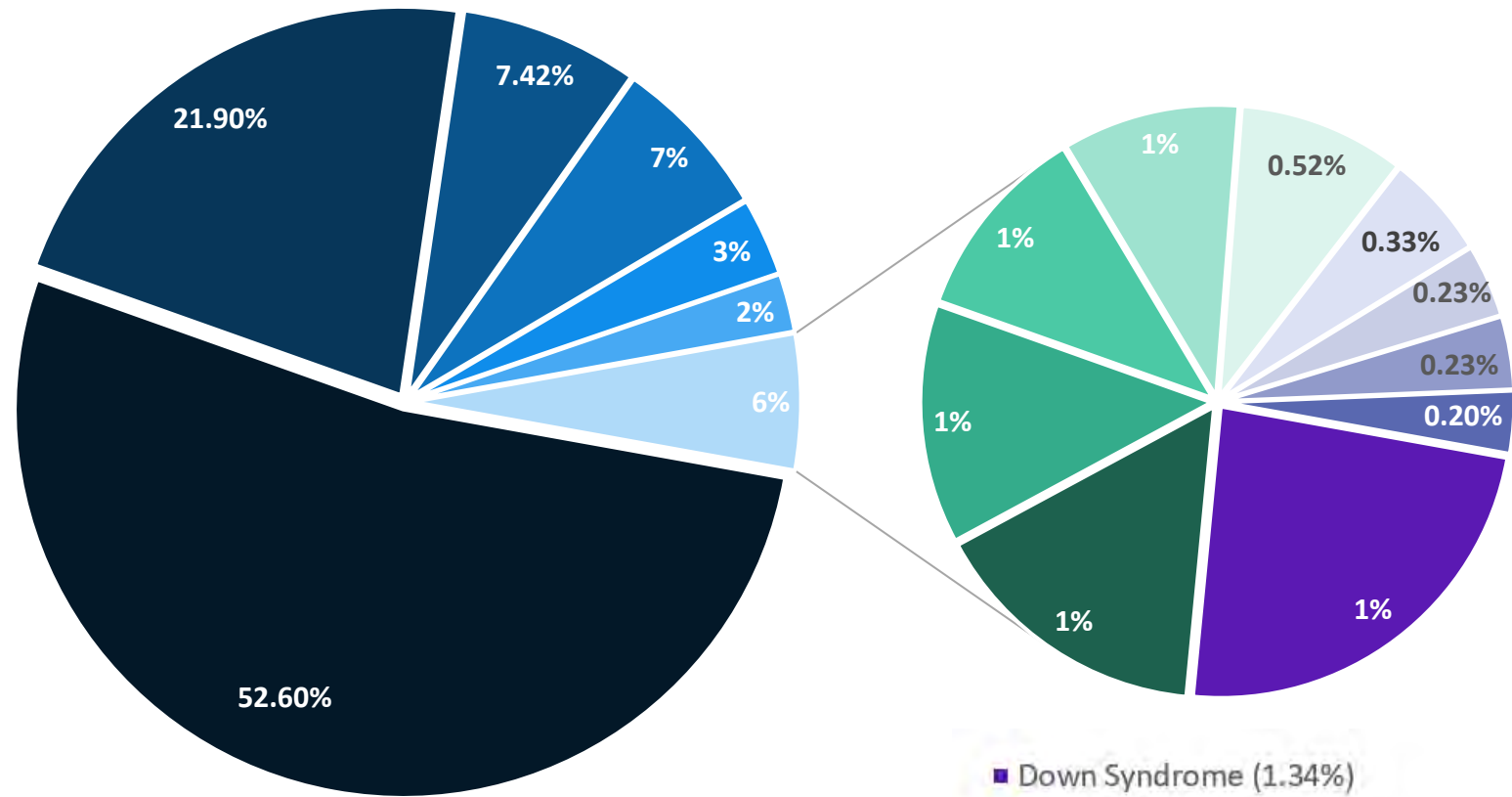
Children and their families were transitioned into **Primary** in the fall of 2021

Age at Referral

Children *referred* in 2021-22 organized by region

2021-2022	Infants		Toddlers		Pre-Schoolers			Total
	Under 1	1 Year	2 Years	3 Years	4 Years	5 Years	6 Years	
Cape Breton Victoria Region	13	32	47	41	29	8	3	173
Strait Region	5	7	12	22	18	10	1	75
Chignecto Central Region	21	24	51	56	51	19	3	225
Halifax Region	43	45	78	104	94	42	3	409
Annapolis Valley Region	13	11	24	24	14	8	0	94
South Shore Region	10	12	14	9	15	10	0	70
Tri-County Region	2	6	15	11	18	6	2	60
SAF Region	2	2	6	2	11	2	0	25
Total number of referrals for each age group	248		516		367			1131

Our Children Served in 2021-22

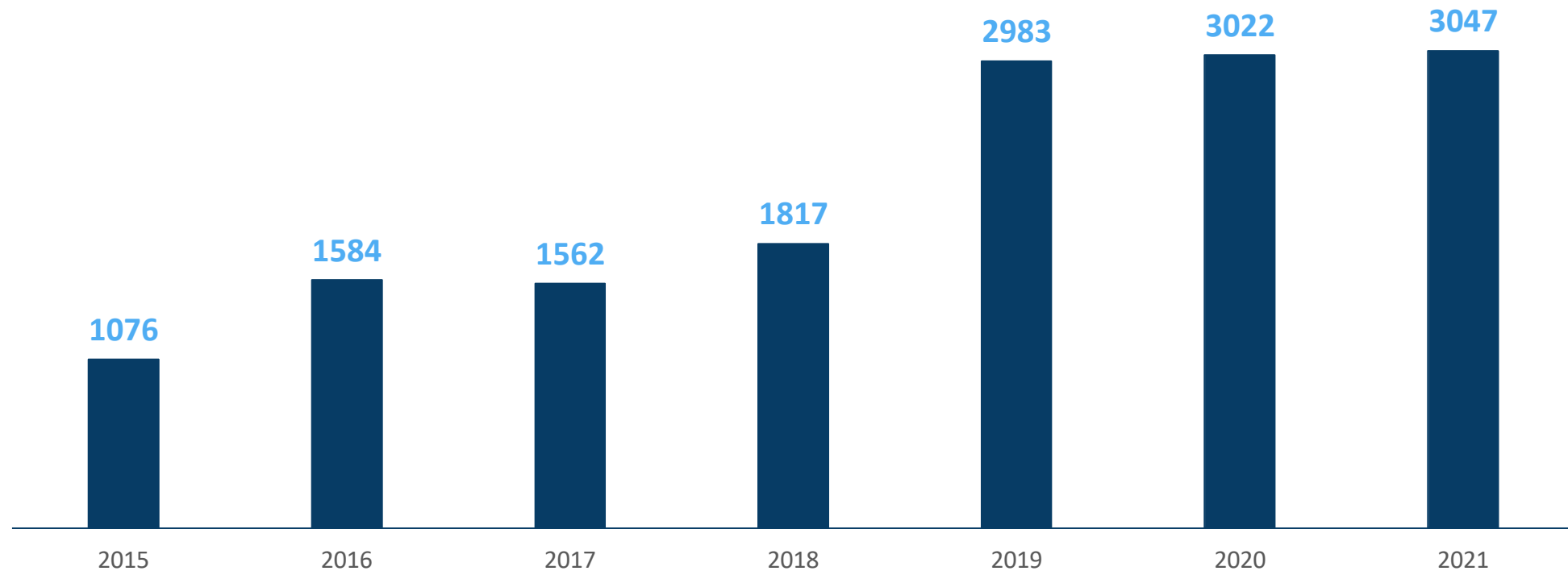


- Developmental Delay (52.60%)
- Autism (ASD) (21.90%)
- Premature (7.42%)
- Suspected ASD (6.77%)
- FASD/substance exposure (3.24%)
- Genetic Disorder (2.42%)

- Down Syndrome (1.34%)
- Cerebral Palsy (0.88%)
- Epilepsy/Seizure Disorder (0.75%)
- Neurological Disorder (0.62%)
- Acquired Brain Injury/Traumatic Brain Injury (0.56%)
- Congenital Heart Condition (0.52%)
- Spina Bifida (0.33%)
- Visual Impairment/Blind (0.23%)
- Hearing Impairment/Deaf (0.23%)
- ADHD (0.20%)

Caseload Growth

Number of children served each year between 2015 - 2021





OUR REACH

To underserved populations in Nova Scotia

296

Indigenous (Mi'kmaw)
families accessed NSECDIS
services in 2021-22

An increase of **355%**
since 2015



103

African Nova Scotian
families accessed NSECDIS
services in 2021-22

An increase of **281%**
since 2015



81

Acadian and francophone families accessed NSECDIS services in 2021-22

An increase of **212%**
since 2015





73

New immigrant families
accessed NSECDIS
services in 2021-22

An increase of **170%**
since 2015



Our Developmental Interventionists provided...

8410

Hours of home visits

4276

Hours of phone and video consultations with families

2677

Hours of email & text consultations with families

Case Coordination Support

Our Developmental Interventionists provided...

1715 HOURS



of Team meeting support
with families and community
partners

2854 HOURS



of phone, video & in-person
consultations/clinic appointments
with Community Partners



Our Developmental Interventionists carried out

500
HOURS

of consultations within...

180

Child Care Centres across the province in 2021-22



Our Inclusion Coaches provided coaching support to

59
EDUCATORS

within...

19

Child Care Centres across the province in 2021-22



Our Developmental Interventionists carried out

702
HOURS

of consultations within...

133

Pre-primary Programs across the province in 2021



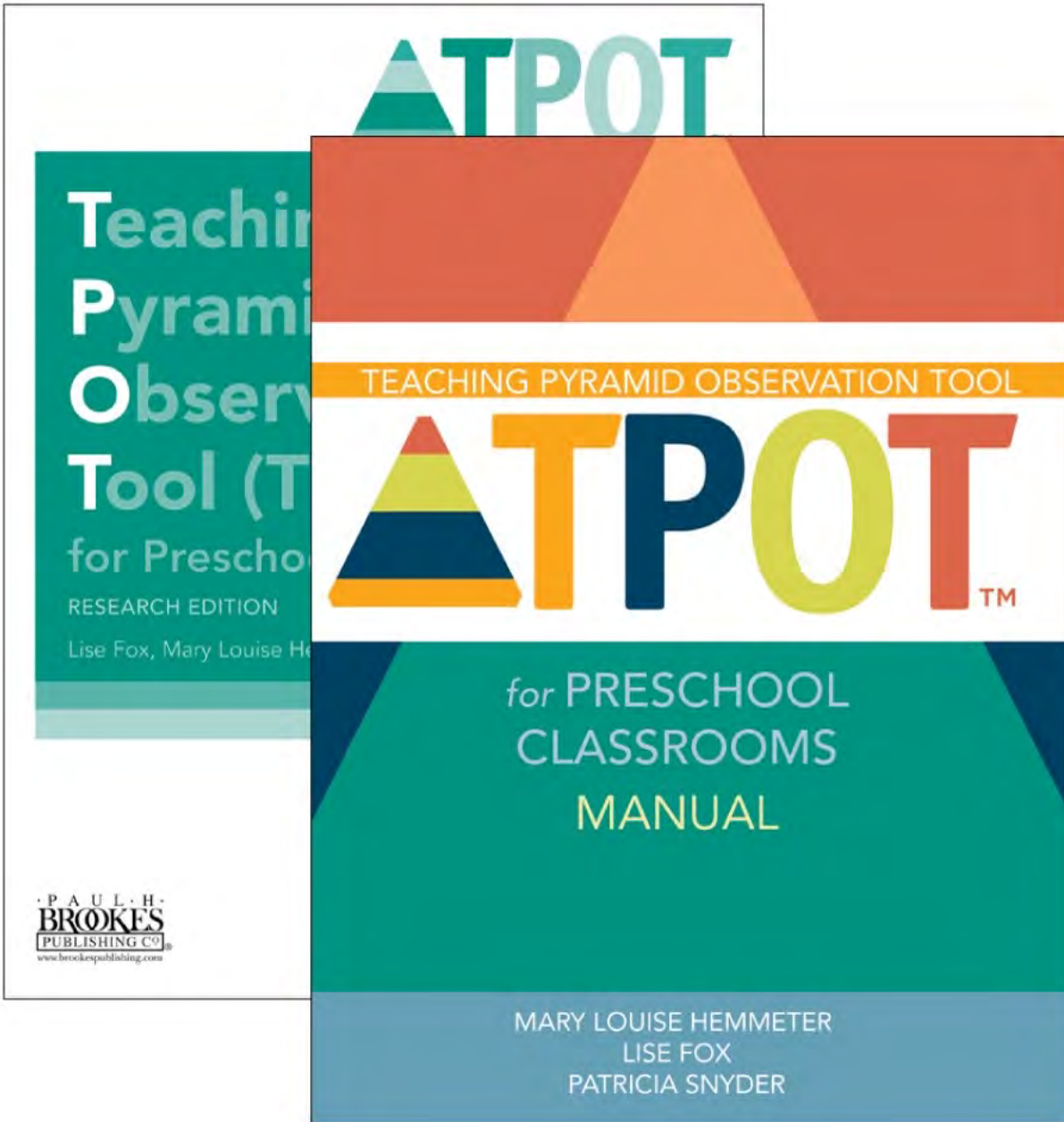
Our Inclusion Coaches provided coaching support to

79
EDUCATORS

within...

59

Pre-primary Programs across the province in 2021-22



122

TPOTs

and...

44

TPITOS

were carried out in 2021-22

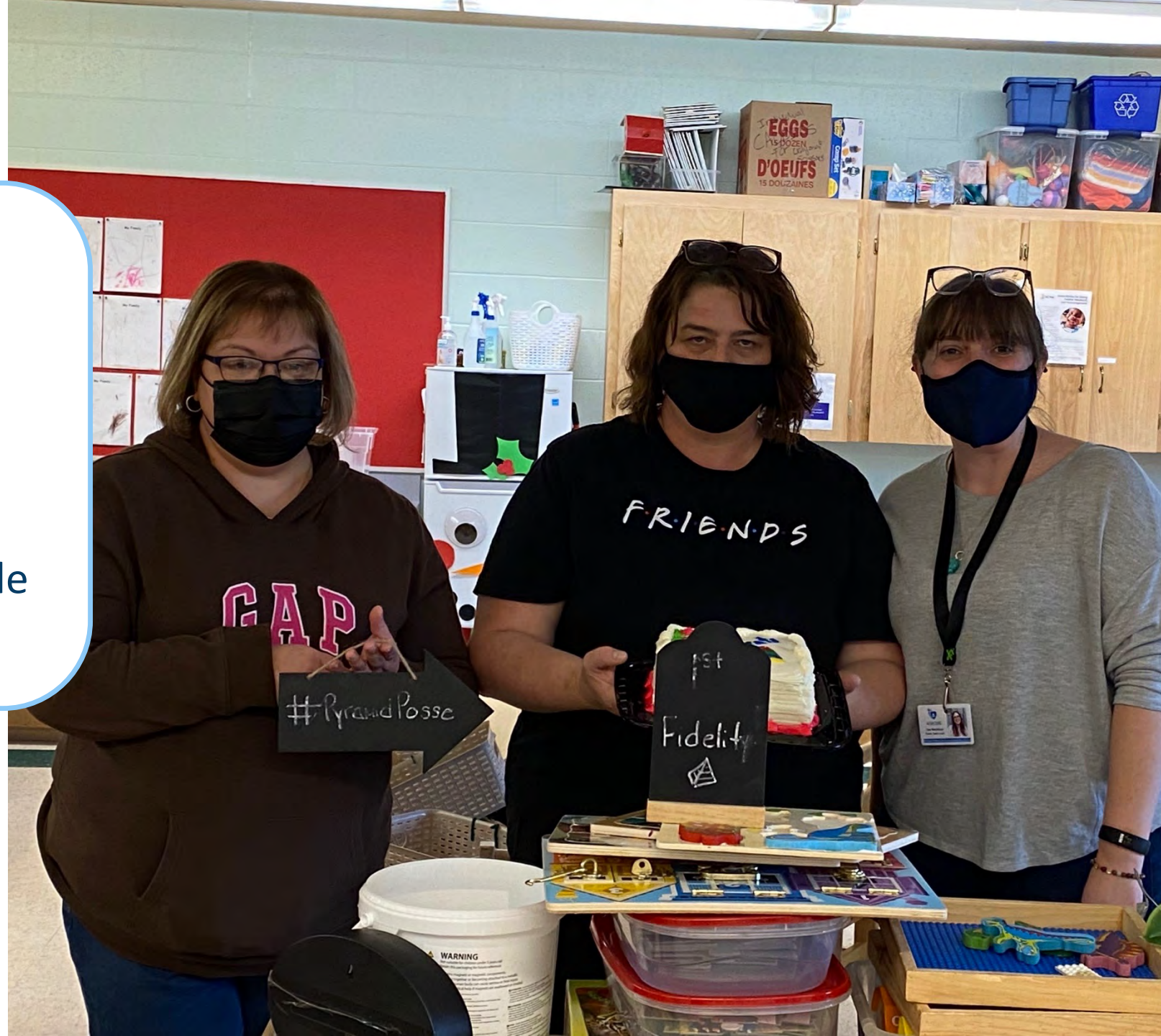
238

Educator goals were
achieved in 2021-22!



606

Educators received
Pyramid Model Module
Training 2021-22!





I have enjoyed my Pyramid experience. My coworker and I have learned a lot about ourselves, which perhaps we did not expect. The reflection piece is such an important part of the program.

-Pre-primary Lead



Our coach was excellent and became a part of our daycare family. It seems like it was a long process but well worth it. I have noticed so many changes in our centre and also with the educators.

-Educator



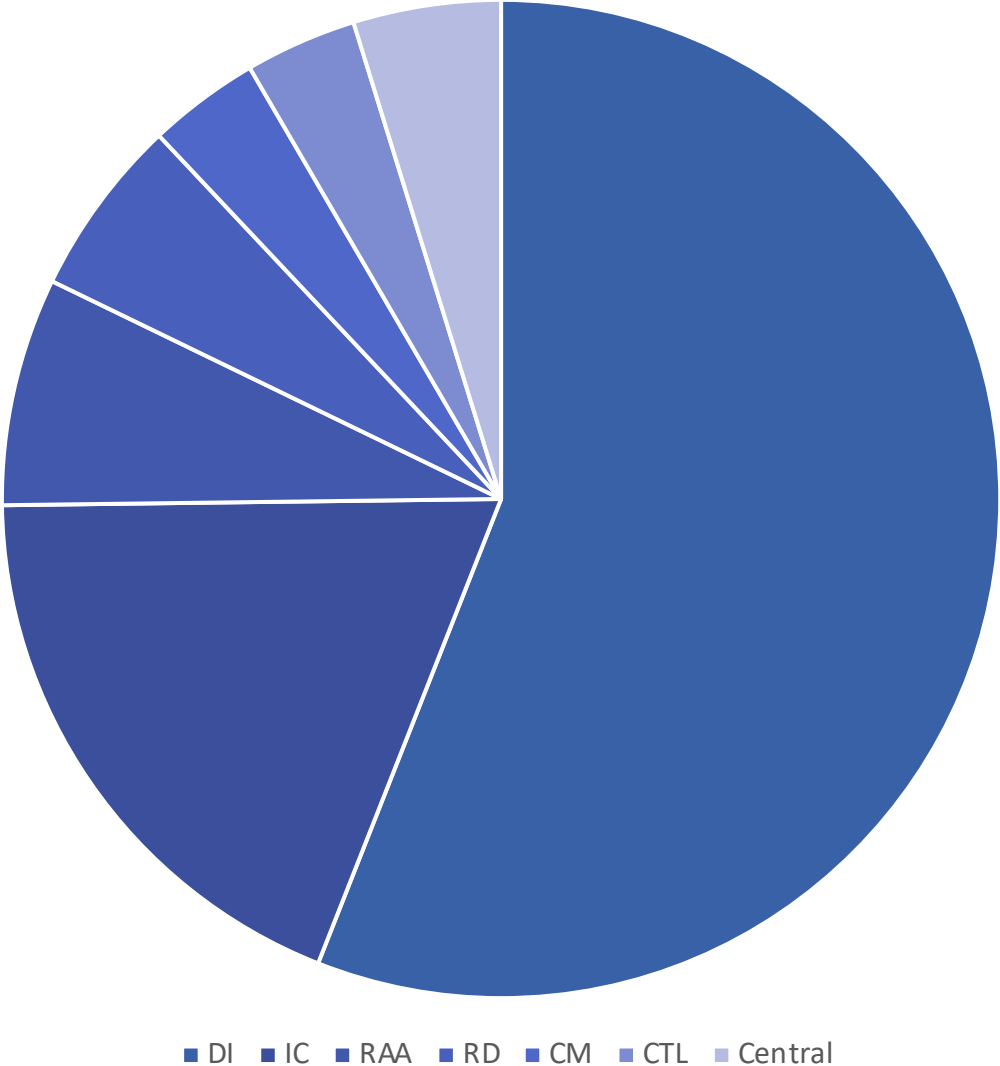
As a parent being part of the program has been nice and I'm pleased that a parent view was valued.

-Parent

OUR TEAM

OUR NSECDIS TEAM

- 77.3 FTE DEVELOPMENTAL INTERVENTIONISTS
- 26 FTE INCLUSION COACHES
- 10.2 FTE REGIONAL ADMINISTRATIVE ASSISTANTS
- 8 FTE REGIONAL DIRECTORS
- 5 FTE CASELOAD MANAGERS
- 5 FTE COACH TEAM LEADS
- 1.6 FTE LEARNING & DEVELOPMENT SPECIALISTS
- 1 FTE DATA MANAGEMENT SPECIALIST
- 1 FTE PROJECT COORDINATOR
- 1 FTE ACCOUNTING ADMINISTRATOR
- 1 FTE DIRECTOR OF INTERVENTION SERVICES
- 1 FTE EXECUTIVE ASSISTANT
- 1 FTE EXECUTIVE DIRECTOR



Our team carried out
hours of **public
relations events**

195

hours of **workshop facilitation**
within the community

267

hours of **committee work** to
support program development

752

hours of **mentoring** to support
each other in their practice

1858

hours of **professional development**
attended in 2021-21

3736





Our team travelled

215,989 km

to reach children and
families across the province

ADDITIONAL PROGRAMS



Funded by:



Public Health
Agency of Canada

Agence de la santé
publique du Canada

- PSF is a complementary program to the Pyramid Model for Supporting Social and Emotional Competence in Infants and Young Children
- Designed to develop family protective factors for mental health promotion through parenting strategies that focus on building supportive environments for social and emotional learning during early childhood
- Delivered as a series of 6 workshops for families (in English, French & Arabic)
- Facilitated by 16 trained Developmental Interventionists
- Evaluated by the Early Childhood Collaborative Research Centre (ECCRC) at Mount Saint Vincent University

Stage 2 (2021-2022)

23 parents



Group 1

- Access to online, facilitated workshops delivered by Developmental Interventionists
- Access to discussion with other parents in real time
- Access to online parent Facebook Forum

57 parents



Group 2

- Access to online, self-directed workshops through NSECDIS Learning Management System
- Access to online parent Facebook Forum

58 parents



Group 3

- Access to online, self-directed workshops through NSECDIS Learning Management System



Apply It and Try It Reflection

Why Children Do
What They Do

Family Rules

What did you
learn by
observing
your child?

What rules did
you create?
How did your
child react?



“ I felt I learned the things that would help me with the stage of growth my child is in and the difficulties I am having with that. I learned examples and strategies to help get him to listen and control/express his emotion in a better way. I am really working on emotional intelligence so learning how to properly address big emotions was very helpful. **I have actually implemented the house rules that were mentioned.** It was great **having my 3 year old involved in setting the rules** and learning about rules and consequences. I also **learned how to help my son interact with others appropriately and how to help him learn to share.** This is important to learn now as he interacts more with others and needs to share due to his age and school starting in the near future.

-Parent



“ I came from a household that was strict, so that was what I missed from my parent, I thought as long as they are cared for and given all kinds of opportunities that were good parenting. I now understand it is **important to put effort to build a relationship with my kids**, and it requires constant putting gas in the car. I also like the real-life examples from the workshop and seeing how other people succeed and it was encouraging. This workshop had a **big impact on my parenting style**, I would recommend everyone to at least go over it once, if not multiple times, and I mean **it would benefit everyone**. Moms, dads, grandparents, and all walks of lives.

-Parent

Indigenous Adaptation

Featuring

- local Indigenous artwork & photography
- Interviews with Elders and local parents
- Mi'kmaq translations
- Culturally relevant examples



ELCC PROJECT: CONSULTATION REPORT

Nova Scotia Canada-Wide Early Learning and Child Care Agreement

We would like to acknowledge, with appreciation, all of the families, early learning and child care providers, community partners and advocates who took the time to share their vision, along with their community stories and priorities for early learning & child care in Nova Scotia with our NSECDIS team.

We would like to thank our NSECDIS team for their work reaching out within their communities to facilitate conversations with families, early learning and child care providers, and other community partners. We would also like to thank our NSECDIS Data Analyst team for all of their hard work reviewing the rich data and working with our team in sharing these important stories in the form of two reports: *What We Heard & What We Learned*

We also thank our Transition Team who helped to shape this project and move it forward at a rapid pace. And we appreciate the contributions from our team of consultants from McInnes Cooper, MC Advisory, Deloitte Inc., and the Maritime SPOR Support Unit whose expertise helped to inform this project.



NBO PROJECT: BABY STEPS



NBO PROJECT: BABY STEPS

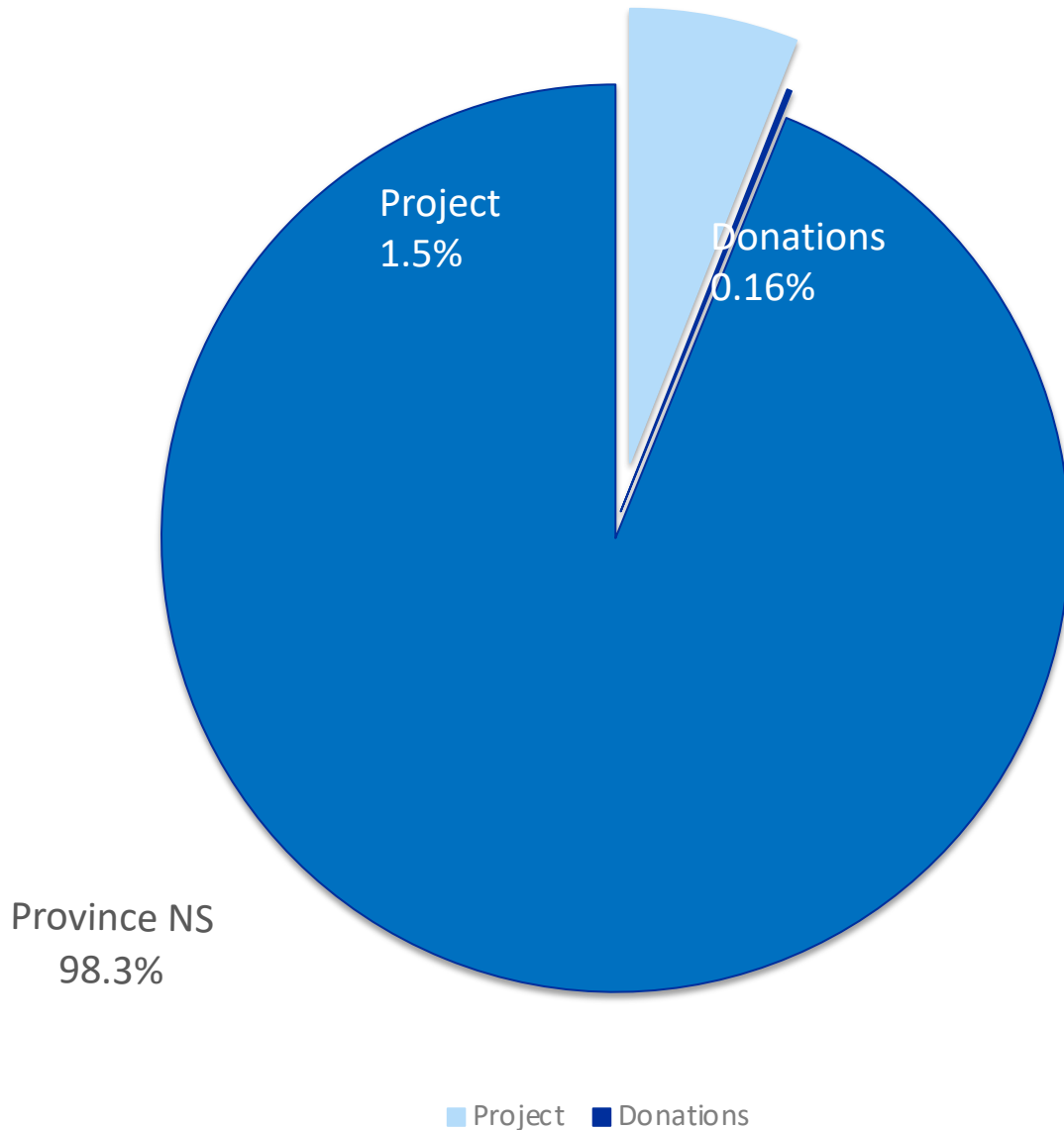
NEWBORN BEHAVIOUR OBSERVATION SYSTEM

An enhanced family-centred, strengths-based model of intervention and care involving a combination of the Newborn Behaviour Observation (NBO) System and early childhood development intervention services (NSECDIS) delivered in the family's home and supported within community programs.

Launched April 1, 2022, across 4 regions and with 19 NBO trained team members.



OUR FINANCIALS

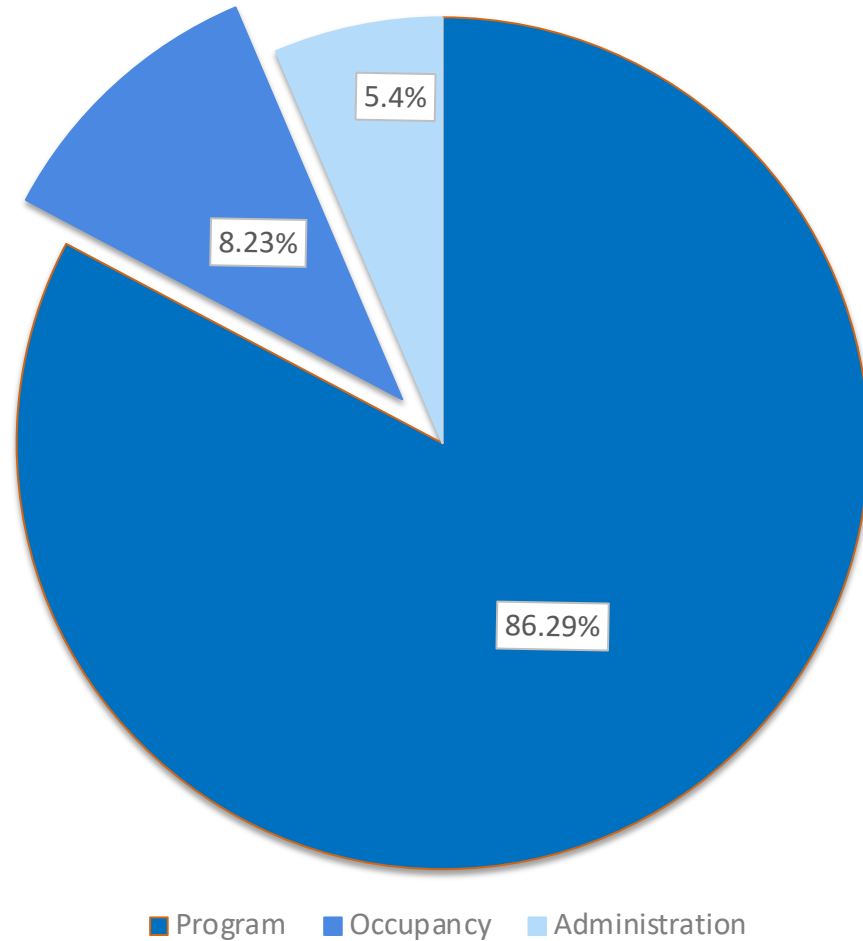


REVENUE

PROVINCE OF NOVA SCOTIA	\$ 7,893,441
PROJECT FUNDING	\$ 502,841
DONATIONS	\$ 13,670
TOTAL:	\$ 8,409,952

OUR FINANCIALS

EXPENSES



PROGRAM	\$ 6,844,343
OCCUPANCY	\$ 896,975
ADMINISTRATION	\$ 529,248
TOTAL:	\$ 8,270,566

A surplus of \$139,386 remains at the end of this fiscal year. NSECDIS' Restricted Funds policy requires the distribution of remaining surplus into restricted funds to support operating/service delivery priorities that are not dependent on long term sustained funding.



OUR DONORS

THANK-YOU TO OUR FUNDERS & DONORS!

Province of Nova Scotia

Public Health Agency of Canada: Mental Health Promotion Innovation Fund (MHP-IF)

Cecile Comeau

Gail Sarson

Kyla Sarson, PC Jewels

Krista Matheson

Paul G. Madison

Fred and Edith Green Foundation

Kespu'kwitk Metis Council for Yarmouth County

Kinsmen Club of Antigonish

Pictou County Antique Car Club

Truckers Association of Nova Scotia



NSECDIS





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NSECDIS

Thank-you!

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