

Positive Solutions for Families



The development of young children in

Nova Scotia is enriched when childcare providers and families have the same understanding of how to nurture social and emotional learning.



The Approach (What we do)

Offer the evidence-based Positive Solutions for Families program to parents and caregivers of children aged 0-5 through regularly scheduled group training sessions:



(The difference we want to make)



To build families' confidence and capacity in supporting their child's socialemotional and behavioural development



Families with young children are better able to support their child's social and emotional health



To extend and complement information about social and emotional learning already being implemented by many childcare providers in the province as part of The Pyramid Model for Promoting Social and Emotional Competence in Infants and Young Children program



Families and childcare providers receive complimentary information to support children in their care



Parent to parent connections are made possible through **group** training opportunities



To explore the potential application and adaptation of the Positive Solutions for Families program for under-served and diverse communities

The program is adapted to meet the needs of more diverse **Nova Scotia communities**

Where We Are



Halifax, **Nova Scotia**

Mount Saint Vincent University (Early Childhood Collaborative Research Centre) and Nova Scotia Early **Childhood Development Intervention Services**

Contact:

Jessie-Lee McIsaac Jessie-lee.mcisaac@msvu.ca Patricia Monaghan pmonaghan@nsecdis.ca

> msvu.ca nsecdis.ca

This project is part of the Mental Health Promotion Innovation Fund (MHP-IF) which is funded by the Public Health Agency of Canada. The MHP-IF is a national program that seeks to learn about promising approaches for advancing mental health promotion among young Canadians.

The MHP-IF projects are supported by a Knowledge Development and Exchange Hub for Child and Youth Mental Health Promotion. You can learn more about this project, the KDE Hub and all 20 projects at kdehub.ca.













